



## Melmac Dinnerware Dish-of-the-Week Plan!

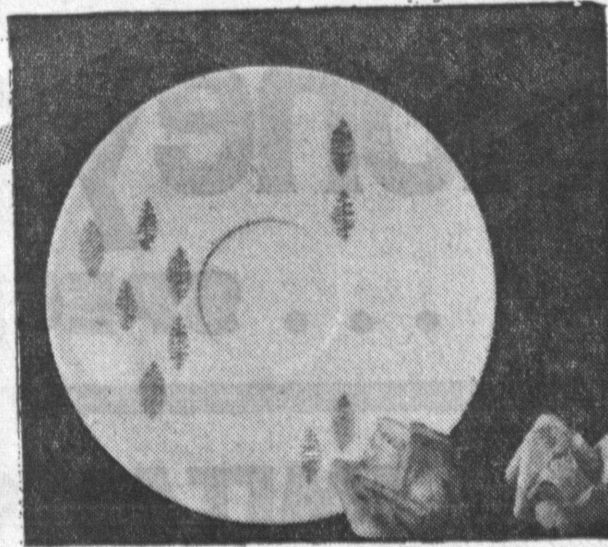
### Dish-of-the-week Saucer

Aug. 22-28 29c

Aug. 22-28 Saucer  
Aug. 29-Sept. 4 Fruit Dish  
Sept. 5-11 Salad Plate

Reg. \$1.00 Val. 29c  
Reg. 75c Val. 29c  
Reg. \$1.25 Val. 39c  
With \$5.00 purchase

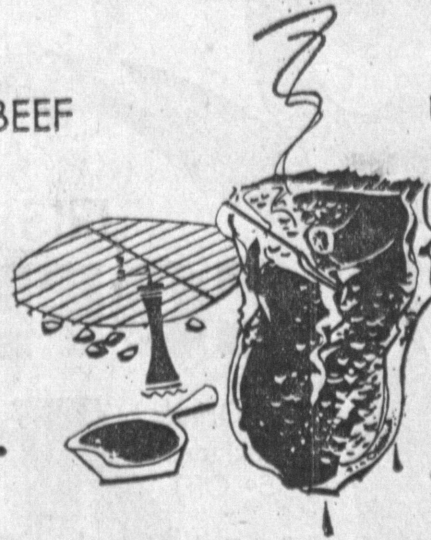
Complete Pieces. Only 99c (No purchase required)  
Saucer Plate ..... \$4.49 VALUE  
Vegetable Bowl ..... \$2.95 VALUE  
Saucer & Creamer ..... \$3.50 VALUE  
3 Qt. Mixing Bowl ..... \$3.50 VALUE  
Divided Serving Bowl ..... \$3.00 VALUE  
2 TV Snack Trays ..... \$2.50 VALUE



Every week a different piece of elegant, break-resistant, child-proof Melmac will be offered at sensational savings! Two designs, with the touch and the tone of real china... Shelley, a contemporary aqua and gold design, or Gold Shield, in gold and beige with traditional floral spray. Dishwasher safe! Two year guarantee! Each \$5 purchase allows you to buy the item of the week at an amazingly low price!

CAL FAME  
**FROZEN  
LEMONADE**  
6 oz. can **7c** regular or pink

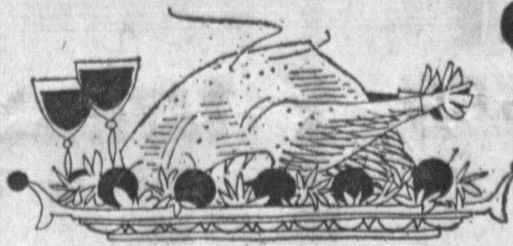
U.S.D.A. "CHOICE" BEEF  
**RIB  
STEAK**  
**79c** lb.



U.S.D.A. "CHOICE" BEEF  
**CLUB  
STEAK**  
**98c** lb.

U.S.D.A. "Choice" corn-fed beef... carefully picked for flavor and trimmed for full value.  
**JUICY, TENDER CUBED STEAK 98c**  
U.S.D.A. "Choice" corn-fed beef... see his eyes light up, when these sizzle on the barbecue!  
**ELEGANT SIRLOIN TIP STEAK 98c**  
U.S.D.A. "Choice" corn-fed beef... this is a family favorite that you can prepare many ways.  
**BONELESS ROUND STEAK 79c**  
U.S.D.A. "Choice" corn-fed beef... tender 'n juicy, it's an investment for eating enjoyment.  
**BONELESS RUMP ROAST 79c**

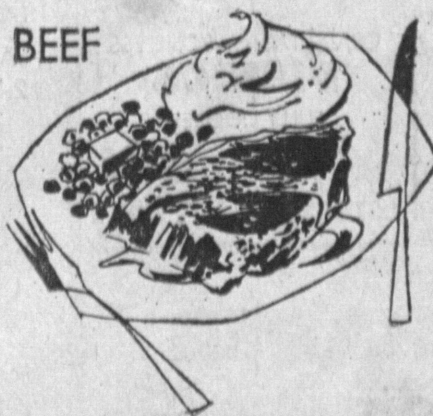
U.S.D.A. Grade "A" California Grown  
**FRESH HEN  
TURKEYS**  
8 to 12 lb. average **39c** lb.



FRESH, LEAN  
**GROUND  
BEEF**  
**33c** lb.

U.S.D.A. "Choice" corn-fed beef... a truly magnificent steak, so flavorful and butter-tender.  
**TOP SIRLOIN STEAK \$1.39** lb.  
Cook this tender, juicy beef with your favorite vegetables and listen to the compliments!  
**BONELESS BEEF STEW 69c**  
Freshly ground from fine, lean beef for luscious 'burgers, meatloaf, or your own casserole.  
**FRESH GROUND ROUND 65c**

U.S.D.A. "CHOICE" BEEF  
**T-BONE  
STEAK**  
**\$1.09** lb.



U.S.D.A. "CHOICE" BEEF  
**PORTERHOUSE  
STEAK**  
**\$1.19** lb.

U.S.D.A. Grade "A" Calif. grown—4 to 5-lb. avg.  
Fresh Roasting Chickens 1b. 49c  
Hickory smoked and sugar cured, sliced, 1 lb. pkg.  
Luer Iowa Farm Bacon 59c

Armour Star, boneless Eastern pork, flash frozen.  
Pork Tenderloin 1b. 98c  
Gorton's... lightly breaded. Frozen, 12 oz. pkg.  
Breaded Shrimp 89c

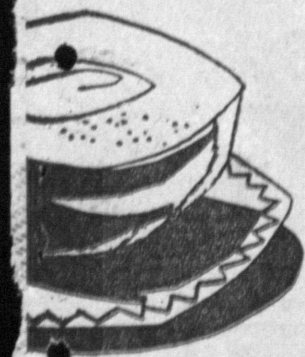
Delicately flavored treat. Frozen, 1 pound package  
Icelandic Haddock 59c

DEL AMO  
SHOPPING  
CENTER  
CORNER OF  
HAWTHORNE &  
SEPULVEDA

**MAGIC  
CHEF**



BEANS  
\$1  
LIGHT  
BEER  
19c



PE, SWEET  
**KEYDEW  
MELONS**  
**5c** lb.

Long  
**FRESH  
CUCUMBERS**  
**10c** lb.

## TUMBLING EXHIBITIONS SLATED AT SOUTH HIGH

Torrance youngsters ranging in age from six to 15 years, will demonstrate their progress in tumbling and gymnastics skills in an exhibition tonight at 7:30 p.m. at South High School gymnasium. Admission is free.

Aware of an increasing community interest in the importance of physical fitness, the Torrance recreation department offered as part of its summer program classes in tumbling and gymnastics at Walteria Park, and North and South High Schools.

Under instruction of recreation leader Trudy Cole and several recreation assistants, the younger participants gained increasing proficiency in such skills as forward and backward rolls, headstands, handstands, roundoffs, and the like.

Older and more advanced participants were able to benefit from instruction in the use of gymnastic equipment such as the horizontal and parallel bars, the rings, the horse, and the rope. The

scheduled exhibitions will provide demonstrations in all of the above, in addition to various stunts.

Although European countries, and the Scandinavian areas in particular, traditionally have been interested in the gymnastics field, it is only recently that the average American's awareness has been jolted into an interest in the exciting potential for self-development of physical fitness which the field of tumbling and gymnastics can provide.

It is generally agreed by people in the physical education and sports fields that perhaps no other activity so efficiently and consistently develops such physical skills as timing rhythm, coordination, and strength.

In addition to the obvious advantages are more subtle ones: there are practical rewards, especially for children, for example, in learning how to fall correctly; and the importance of pride in self-competition and physical development cannot be discounted.

## Van Deene Tracksters Nab Second Spot in South District

August, last month for summer playgrounds, saw the finals in track and softball for the South District championships held on the 7th and 8th. The Van Deene Ave. track team placed second, missing first by only one point. The softball team, however, was unable to place in the top three, despite an all-out effort on their part. The Van Deene Ave. playground is under direction of Tom Jeppson, Pat Moretta, and Eileen Nothnagel.

Those taking part in the track meet were girls, Alice Barr, Linda Bray, Diane Kaneshige, Gail Kaneshige, and Debbie Smith; boys, Mike Carver, Ron Carver, Mike McCaugh, Billie Rahn and Bobby Seal. The softball team was made up of Richard Benjamin, shortstop; Doug Chagnon, third base; Bobby Don Dineau, left field; Wayne Dotson, right field; Mike McGaugh, second base; Mike Moretta, pitcher; Billie Rahn, center field; Bobby Seal, catcher, and Tommy Walker, first base.

## Water Ski 'Boy Wonder' Set to Make Big Splash

Fourteen-year-old Billy Spencer of Sarasota, Fla., the youngest water skier ever to make a world team, also will compete in the 1963 national water ski championships, to be held at Long Beach Marine Stadium Aug. 22 through 25. Spencer, who won the 1963 Masters slalom title, led the country's top skiers in point totals at the recent world team eliminations at Callaway Gardens, Ga.

The 1962 junior boy's overall and slalom champion, Spencer had been a last-minute supplementary entry in the Masters at Callaway Gardens, earning his way into the world trials and then beating such veteran as five-time national champion Chuck Stearns of Bellflower and Spencer's teacher Joe Cash. Besides Spencer and Stearns, world team members are Jimmy Jackson of Delray Beach, Fla., Ken White of Honolulu, Miss Dixie Ann Hoyt of Fair Haven, N. J., and Miss Jeanette Brown of Tampa, Fla., all of whom will compete in this month's nationals at Long Beach.

Two West Coast skiers, Doug Kotlar of Burbank and Dennis Hahves of Oakland, are expected to give Spencer his only tough competition in the boys' (13-16) national championships event, but Spencer is favored to win.



A GROUNDBREAKING ceremony for improvement of Rosecrans Boulevard between Figueroa and Vermont was held this week with, from left, Carl Hoffman, president of the Harbor District Chambers of Commerce; Supervisor Kenneth Hahn; and Councilman John S. Gibson of Los Angeles participating. The county provided \$113,000 for the work. The City of Los Angeles designed the project and acquired the right of way. The job is expected to be complete in December.